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Jets cast away in OT

Winnipeg's Mark Scheifele is checked by the New York Islanders' Cal Clutterbuck at MTS Centre on Tuesday night. The Jets lost 3-2 in overtime. **SEE STORY, PAGE 22**

TREVOR HAGAN/THE CANADIAN PRESS

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New app gives music fans the lowdown on local shows

Juno Week. Music fans can access up-to-date concert listings across the province, among other features



SHANE GIBSON

shane.gibson@metronews.ca

As Winnipeg readies itself for a week full of music when the Junos roll into town later this month, the province and Manitoba Music have partnered to create a free app to help music fans know where they'll want to be to see it all.

The Manitoba Live music app, now available for Apple devices at the App Store, gives up-to-date concert and festival listings for events across the province, allows users to add must-see shows to their calendar, and provides links to performer's web pages.

"We have a tremendous music scene in Manitoba, with a lot of talent, and we want to get them in front of Manitobans so they can be

How it works

Manitoba Live app

The Manitoba Live app is currently only available for Apple devices, but will be adapted to other mobile phone operating systems in the future, according to a release from the province.

Is the Manitoba Live app worth downloading?

The Manitoba Live app works as promised, and is totally worth the price (it's free).

It opens to a map with

your current location in the centre, and little music notes let you know where shows are happening today.

A quick tap on the music notes gives the exact time and location of a show, and allows the user to add the event to their device's calendar or check out the performer's website.

There's also another view available that puts all the shows into a list view, and a calendar lets you pinpoint what shows are planned for a certain day — even months away. **SHANE GIBSON/METRO**



Doug Ross from Manitoba Live developer Visual Lizard shows Premier Greg Selinger how to use the new app at its launch Tuesday. **SHANE GIBSON/METRO**

enjoyed," said premier Greg Selinger at the app's launch Tuesday. "This app is a world class product and it'll let Manitobans know where all the performances are going on."

The app was designed in partnership by Winnipeg based Visual Lizard and Guppy Design, and Manitoba Music's executive director Sara Sta-

siuk explained it's kept current with concert information collected by the not-for-profit music industry association and from the artists and venues themselves.

While the app will be useful for anyone hitting up shows during Juno Week March 24-30, Stasiuk said it will be kept up-to-date for events year-round too.

Three hosts announced for Winnipeg Junos



Serena Ryder THE CANADIAN PRESS

Recent Juno Award mainstays Classified, Johnny Reid and Serena Ryder have been announced as co-hosts of the upcoming show in Winnipeg.

Collectively, the trio of platinum-selling hosts have amassed 35 career Juno nominations and eight wins.

It was also announced that Classified and Ryder would per-

form together to open the two-hour gala at the MTS Centre, to be held March 30 and broadcast on CTV.

Recent performers to MC the event include rap superstar Drake, chart-topping crooner Michael Bublé and Star Trek alumnus William Shatner.

The last Junos broadcast to not have a single host was the

2010 bash held in St. John's, N.L., which went host-less and instead used a cast of various presenters.

In addition to hosting, Ryder is one of the evening's marquee nominees with five nods including artist, album and single of the year.

Montreal's Arcade Fire, whose expansive fourth album

Reflektor topped charts upon its October release, leads the way with six nominations.

Chantal Kreviazuk and Raine Maida will receive the Allan Waters Humanitarian Award, while classic rock outfit Bachman-Turner Overdrive will be ushered into the Canadian Music Hall of Fame.

THE CANADIAN PRESS

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Finance Minister Jennifer Howard says her latest budget is about jobs, the economy and protecting services.

JOHN TOWNS/METRO FILE

Finance minister vows few 'big moves on taxes'

Preview. Upcoming budget said to be 'meat and potatoes' without many surprises

After two years of steep tax increases, Manitobans appear to be in for a status-quo budget Thursday with no big hits to the pocketbook.

Finance Minister Jennifer Howard said Tuesday the upcoming fiscal plan will be a "meat-and-potatoes" budget with few surprises.

"You're not going to see a lot of big moves on taxes. This is a

budget focused on jobs, focused on growth in the economy ... and focused on protecting those services that are important to Manitobans," Howard said during a pre-budget photo opportunity inside a jewelry store in the Exchange District.

Unlike the traditional pre-budget shoes purchased by finance ministers in some jurisdictions, Howard bought a \$35 necklace that raises funds for the United Way. It was, she said, tied partly to her budget's aim of boosting small businesses, entrepreneurs and skills training.

This year, Howard said, the only big shift on taxes will be

a previously announced cut in school property taxes for seniors. The NDP promised to eliminate the levy in the 2011 election, then announced last year it would start phasing in the reduction.

User fees, however, may increase, she added.

The government is on track to be in the black by the 2016-17 fiscal year, Howard said. But she made it clear it is not an iron-clad commitment.

"If there's a flood, we're going to fight the flood. I'm not going to make a decision not to protect people's homes because we have a deficit," she said.

THE CANADIAN PRESS

Councillor hopes hotel building can be saved

The chair of the city's downtown development committee is "a bit surprised" to hear the owner of an important Exchange District hotel is mulling its demise.

Coun. Mike Pagtakhan said Monday he was also baffled to hear that the owner of the century-old St. Charles Hotel, Ken Zaifman, didn't know his property had heritage status.

"I don't think that there will be any political appetite — at least from my opinion — to demolish that building," said Pagtakhan, adding the hotel is located in a nationally recognized historic site.

"Maybe he can sell the building. I would encourage the owner to look at development proposals or perhaps partner with an organization, seek funding, funding partners, to make a project happen."

Last May, the downtown



The St. Charles Hotel BERNICE PONTANILLA/METRO

development committee voted unanimously in favour of issuing a derelict building certificate for the property at 235 Notre Dame Ave., which meant the city could begin accepting proposals for its redevelopment.

Zaifman vowed at the time to make his property compliant with the city's request that

it have a functioning sprinkler system.

According to city officials, Zaifman is now compliant, said Pagtakhan.

But Zaifman's latest move is a lawsuit against the City of Winnipeg to expel the heritage label from his property, thereby allowing for its demolition.

BERNICE PONTANILLA/METRO

Infrastructure

Street twinning set to begin

The City of Winnipeg is taking advantage of the extended cold temperatures to start work on the twinning of Panet Road and Molson Street between Munroe and Kimberly avenues.

Brad Sacher, the city's director of public works, said they'd like to get going on the land drainage work that needs to be done before the road twinning.

"It's good to get started now while the ground the contractor will be working on is still solid and frozen," Sacher told Metro after a special infrastructure meeting.

Road construction will

likely begin after the May long weekend, he added.

BERNICE PONTANILLA/METRO

Forecast

Weather Network sees lousy spring

The winter that never quits is showing no sign of slowing down, and winter enthusiasts will be happy to hear the Weather Network is predicting a spring filled with even more winter in Winnipeg over the coming weeks.

"I feel for you guys out there," chuckled Weather Network meteorologist Gina Ressler, from her presumably warm office in Oakville, Ont., Tuesday. "Looking at all the stats ... pretty much everyone

across Canada has had it bad, but in terms of temperatures, it's pretty much Winnipeg who's had it the worst."

The Weather Network's Spring Outlook, released Tuesday, predicts a "sluggish start to spring" with temperatures through March and early April "on the cold side" east of the Rocky Mountains.

In Winnipeg, where the normal temperature for this time of year is -4 to 0 C, Ressler said we can expect highs around the -15 C mark for much of March, with the temperature warming up to the -10 C range near the end of the month.

Ressler said Winnipeg will get a reprieve from the deep freeze next week with highs expected closer to the average.

SHANE GIBSON/METRO

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Witness breaks down at Oscar Pistorius trial in South Africa

Murder trial.

Neighbour testified she heard a man and woman shouting, then the sound of four gunshots

For two days, the witness in the murder trial of Oscar Pistorius kept her composure.

Then, just as her testimony was about to finish, she broke down in tears at what she said was the memory of the screams she heard on the night that the double-amputee athlete fatally shot his girlfriend in his South African home.

Michelle Burger, a neighbour of Pistorius who took the stand on the second day of a trial watched around the world, remained calm through intense questioning



Oscar Pistorius, centre, is escorted out of the high court on the second day of his trial in Pretoria, South Africa on Monday. THEMBA HADEBE/THE ASSOCIATED PRESS

by the chief defence lawyer. In a final exchange with the lead prosecutor on Tuesday, however, emotion washed

over her as she recalled what she described as the terrified screams of a woman early on Valentine's Day last year.

"When I'm in the shower, I relive her shouts," Burger said. Burger, a university lecturer, lives 177 metres from

Pistorius's house, where his girlfriend, Reeva Steenkamp, died in what he calls an accident. **THE ASSOCIATED PRESS**

Court order

Media warned by the judge

Tuesday's proceedings were interrupted when Judge Thokozile Masipa ordered an investigation into allegations that a South African television channel was broadcasting a photograph of the witness during her testimony — against a court order guaranteeing privacy to witnesses who request it.

"I am warning the media," the judge said, "if you do not behave, you are not going to be treated with soft gloves by this court."

THE ASSOCIATED PRESS

Red wine may fight lung cancer: Study

A recent study by Niagara region scientists suggests moderate amounts of red wine might be useful in fighting lung cancer, but it's far too early for physicians to start prescribing Pinot Noir to patients.

The study was conducted

in cell cultures, and justifies the value of further study on lab mice, Evangelia Tsiani of Brock University in St. Catharines, Ont., said. "This is only a study in cells," said Tsiani, one of three Brock researchers involved. "We can't recommend

anything for humans at this point."

The study found that moderate amounts of red wine inhibit the spread of lung-cancer cells. "Wine may have considerable anti-tumour and chemoprevention properties

in lung cancer."

The report supports a 1999 study that found that a high consumption of beer and spirits can push up the risk of lung cancer, while wine can help a patient.

TORSTAR NEWS SERVICE

Columbus, Ohio

Child tossed out of school over pretend gun play

A 10-year-old U.S. boy was suspended for three days from school for pretending his finger was a gun and pointing it at another stu-

dent's head, the principal said. The boy's father says it's the adults who are acting childish for suspending the boy from his school in Columbus, Ohio, last week.

A school spokesman said the principal has warned students about pretend gun play numerous times. **THE ASSOCIATED PRESS**

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TRAVEL



In this March 21, 2001 file photo, Iranian pop star Googoosh performs in Dubai, United Arab Emirates. Googoosh has released a video that addresses homosexual love, causing shock waves in the Islamic republic. THE ASSOCIATED PRESS FILE

Iran's queen of pop breaks gay taboo

Video criticized.

Government-controlled newspapers have labelled Googoosh 'anti-revolutionary' — equivalent of accusing the star of treason

Iranian pop star Googoosh has released a video that addresses homosexual love — a major gesture by one of the country's top cultural figures in exile — causing a stir in the Islamic republic, where the topic is taboo and being

convicted of homosexuality can carry the death penalty.

The ballad's lyrics speak of a forbidden love, and the video shows scenes of a happy young woman as seen through the eyes of her lover, contrasted with scenes of disapproval from her father and others. It withholds until the final moments the fact that her lover is another woman.

Googoosh was Iran's first pop diva, though the 1979 revolution interrupted her singing career for two decades until she left the country. Her music has remained popular, including underground in Iran where her

Lyrics

"Don't tell me to stop loving: you can't do that and I can't either."

Googoosh, Iranian pop star, singing in her new release Behesht (Heaven)

status is comparable to that of Madonna.

Navid Akhavan, an Iranian-born German who wrote and directed the video for the song, said it has been viewed by more than a million Iranians online or via illegal satellite channels since its Valentine's Day release.

THE ASSOCIATED PRESS

Mount Everest

Nepal cracks down on litterbugs

Litterbugs, beware: Nepal is making new rules to persuade trekkers to clean up after themselves on Mount Everest, in the hopes of clearing the tons of rubbish now clogging the world's highest peak.

Starting this spring, Nepali officials at Everest base camp will check that each climber descends the mountain with about 8 kilograms of trash — the amount the government estimates a climber discards along the route, such as food wrappers, shredded tents and spent oxygen cylinders.

THE ASSOCIATED PRESS

Not sci-fi. Scientists revive 30,000-year-old giant virus found in permafrost

Researchers have revived a giant virus more than 30,000 years old, recovered from the permafrost of northeast Siberia.

The virus poses no threat to people.

Although it is considered a giant when compared to other viruses, it is microscopic and infects amoebas.

The researchers said their finding suggests that dangerous germs might emerge in the future as permafrost thaws because of global warming or mineral exploration.

THE ASSOCIATED PRESS



This electron microscope image provided by researchers shows a section of a Pithovirus particle, dark outline, inside an infected Acanthamoeba castellanii cell.

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Loretta Saunders vigil

Inquiry wanted
into murder rates
of native women

A native group says it hopes a vigil planned Wednesday in Ottawa for a young Inuk woman found slain on the side of a New Brunswick highway will prompt the feds to consider a public in-

quiry into the murder rates of aboriginal women.

Cheryl Maloney, president of the Nova Scotia Native Women's Association, says the death of Loretta Saunders has drawn widespread concern among both aboriginal and non-native Canadians who feel the issue deserves greater attention.

"I think that Loretta's

case broke through a lot of stereotypes of what missing and murdered aboriginal women look like in this country," Maloney said.

Halifax police say the Saint Mary's University student was killed Feb. 13, the day she was last seen, at a Halifax apartment she once shared with the two people charged in her death.

THE CANADIAN PRESS

Federal Court of Appeal

Court gives go-ahead for First Nations' lawsuit

The Federal Court of Appeal has dismissed Ottawa's attempt to stop a class-action lawsuit filed by several B.C. First Nations over day schools that were excluded from a residential-schools

settlement.

The attorney general of Canada was seeking a stay, arguing that the Federal Court does not have jurisdiction to hear the case.

The appeal court ruling upholds a decision by the Federal Court last year that said the court does have jurisdiction.

Day-school students were excluded from the

settlement because they didn't live at the schools, but the lawsuit filed by the Tk'emlups and Sechelt bands say the children suffered from the same program of assimilation that led to residential-school abuses.

They're seeking certification of a class-action lawsuit.

THE CANADIAN PRESS

One cent sent to dead soldier's mom

Apology. Defence minister says 'screw-up' caused a one-cent cheque to be sent home

Canada's defence minister has apologized to the family of a soldier whose mother received a government cheque for one penny following her son's death upon his return from Afghanistan.

Rob Nicholson says an "insensitive bureaucratic screw-up" resulted in the one-cent cheque being sent to the mother of Cpl. Justin Stark.

The cheque, dated Feb. 28, was sent from the Public Works department, and was marked as "CF Release Pay."

It's not clear why it was sent, but a clearly incensed

Cpl. Justin Stark

Several tribunals were held to determine whether Stark's death was related to his tour of duty overseas, but it was unclear whether they ever reached a conclusion.

- New Democrat MP Wayne Marston says the cheque has made matters worse for Stark's mother, Denise, who he described as being in a "fragile state."

Nicholson said that he would look into the matter.

Stark was a 22-year-old reservist who died in 2011 in an incident at an armoury in Hamilton.

THE CANADIAN PRESS



Trucks in a U.S. rest stop waiting for the ice storm to end

This March 3 aerial photo shows semitrailers filling a truck stop in West Memphis, Ark. Some motorists on the highway in eastern Arkansas were stranded overnight due to lingering icy conditions from a weekend winter storm. An Arkansas highway department spokesman said Tuesday that traffic can't get moving consistently because of repeated accidents. MIKE BROWN/THE COMMERCIAL APPEAL/THE ASSOCIATED PRESS

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Ford says his appearance on Kimmel show a success



Toronto Mayor Rob Ford has his forehead wiped by host Jimmy Kimmel on the late night talk show Jimmy Kimmel Live on Monday night in Los Angeles. ANDY HOLMES/THE ASSOCIATED PRESS

'Bananas for Rob.'

Ford said he received support after the show and denied that Kimmel had made a fool out of him

Mayor Rob Ford rejected suggestions on Tuesday that late-night TV comedian Jimmy Kimmel had humiliated him, and denied needing help for substance abuse.

Speaking at city hall after his trip to Los Angeles, an upbeat Ford sloughed off Kimmel's reruns of several embarrassing videos and his suggestion the mayor find someone to talk to about his addictions.

"I don't have any personal issues," Ford said.

"We've gone down that road a number of times."

For much of his 15-minute appearance on

Jimmy Kimmel Live late Monday, the mayor looked uncomfortable as the comedian razed him over a series of incidents that have garnered Ford worldwide attention.

"Our first guest tonight has tripped, bumped, danced, argued and smoked his way into our national consciousness," Kimmel said by way of introduction.

Ford said he had received a "lot of support" following his appearance and denied that Kimmel had made a fool out of him.

"I knew I was going into a lion's den but I held my own," the mayor said.

Kimmel drew laughs from the studio audience by playing several videos that have gone viral, including ones from a meeting in which Ford mimes a drunk driver, dances in council chambers and almost knocks down a fellow councillor.

THE CANADIAN PRESS

N.S. Bar society told to tolerate B.C. Christian school's anti-gay rules

Excluding law school graduates from working in Nova Scotia because they attended a university that prohibits same-sex intimacy would be discriminatory, the university's president told the province's bar society Tuesday.

Bob Kuhn, president of Trinity Western University, told the Nova Scotia Barriers' Society in Halifax it would be unfair if it did not recognize law school degrees from his school because of its community covenant that requires students, faculty and staff to respect Christian values.

"That's an audacious example of prejudice," Kuhn told the panel in his two-hour submission.

The faith-based university in Langley, B.C., wants to open a law school in 2016, and a society panel is holding hearings to determine whether it should allow its graduates to article, and potentially practice, in Nova

Scotia.

The university, which bills itself as the largest, independent Christian liberal arts institution in Canada, asks its 3,600 students to sign a community covenant. Among its core values, the covenant states that sexual intimacy be "reserved for marriage between one man and one woman."

Kuhn began his remarks by saying he is a practising Christian and has been a lawyer for more than three decades. The Trinity Western alumnus encouraged the panel to proceed "as lawyers, and not as personal representatives of any ideological viewpoints."

The school's policy prohibiting same-sex intimacy has sparked controversy, but Kuhn said he finds any suggestion that religious beliefs would prevent students from acting professionally and ethically in their duties as lawyers offensive.

THE CANADIAN PRESS

Kentucky set to appeal gay-marriage case

The governor of Kentucky said Tuesday the state will hire outside attorneys to appeal a judge's decision granting legal recognition to same-sex couples married in other states and countries after the attorney general announced that he would not pursue the case further.

The split legal decisions from two Democrats come four days after a federal judge gave the socially conservative southern state 21 days to implement a ruling overturning a voter-imposed ban on recognizing same-sex unions.

The disagreement comes against the backdrop of

similar rulings or actions in several other states where same-sex couples have long fought for the right to marry. Gay-marriage advocates have enjoyed a stunning series of legal victories as judges have overturned voter-approved bans in Texas, Oklahoma, Utah and Virginia.

At least 17 states, mostly in the Northeast and Washington, D.C., allow same-sex marriage. Others may soon follow depending on how federal appeals courts, and eventually the U.S. Supreme Court, rule on state bans that have been overturned.

THE ASSOCIATED PRESS



Kentucky Gov. Steve Beshear
THE ASSOCIATED PRESS

Michigan

It's OK if you are annoying

It's soon expected to be OK to be wilfully annoying in Grand Rapids.

The Grand Rapids Press reports that the city commission is nixing a 38-year-old section of city code that states "no person shall wilfully annoy another

person."

City attorney Catherine Mish recommended repealing the language, saying the wording is vague and unenforceable.

Last year, rules that got a look included one prohibiting people from riding horses on a sidewalk and another allowing jail time for failing to return a library book.

THE ASSOCIATED PRESS

Berlin Police

German court talks breast implants

A German court has ruled that a prospective Berlin police recruit's breast implants cannot legally be used as grounds to keep her off the force.

THE ASSOCIATED PRESS

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Observer mission sent to Crimea

Acting at Ukraine's request, the U.S. and 14 other nations formed a military observer mission Tuesday intended to monitor Crimea, and a U.S. official said the team planned to leave within 24 hours.

Daniel Baer, the chief U.S. delegate to the Organization for Security and Co-operation in Europe, said each country was contributing two individuals. But with more OSCE member nations expected

to join, he said the mission could grow beyond its present strength of 30 people.

The 57-nation OSCE works on consensus, so most monitoring missions would have to be approved by all nations, including OSCE member Russia. But a provision of its regulations allows member countries to ask others to send unarmed military monitors in case of emergencies, and Baer said that Ukraine made

use of that rule.

OSCE officials responsible for minority rights, freedom of the media and representing the head of the organization are already in Ukraine, and Baer said they were en route to the Crimea region on Tuesday night. A senior OSCE human rights official planned to join them Wednesday, he said.

But most of those officials are permanent appoin-

tees who regularly travel to OSCE countries. The military observation mission was being drawn up specifically for Ukraine. Baer said its week-long mandate could be extended on Ukraine's request. It also is alone in focusing precisely on the greatest immediate danger — the potential of military conflict between Russian and outgunned Ukrainian forces.

THE ASSOCIATED PRESS

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CRIMEA CRISIS



Tensions down by

Tough talk. Russian president takes jabs at the West, insists he has no intention of annexing Crimea or fighting 'the Ukrainian people'

Vladimir Putin talked tough but cooled tensions in the Ukraine crisis in his first comments since its president fled, saying Russia has no intention "to fight the Ukrainian people" but reserved the right to use force. As the Russian president held court Tuesday in his personal residence, U.S. Secretary of State John Kerry met with Kyiv's fledgling government and Moscow agreed to sit down

with NATO.

Although nerves remained on edge in Crimea, with Russian troops firing warning shots to ward off Ukrainian soldiers, global markets catapulted higher on tentative signals that the Kremlin was not seeking to escalate the conflict. Kerry brought a \$1-billion aid package to a Ukraine fighting to fend off bankruptcy.

Putin delivered a characteristic performance filled with earthy language, macho swagger and sarcastic jibes, accusing the West of promoting an "unconstitutional coup" in Ukraine. At one point he compared the U.S. role in Ukraine to an experiment with "lab rats."

But the overall message appeared to be one of de-escalation. "It seems to me (Ukraine)

Quoted

"We hope that Russia will understand its responsibility in destabilizing the security situation in Europe, that Russia will realize that Ukraine is an independent state and that Russian troops will leave the territory of Ukraine." Ukraine Prime Minister Arseniy Yatsenyuk

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Manpower

300

Col. Yuri Mamchur, pictured here, led around 300 unarmed Ukrainian officers to the base outside Sevastopol, Ukraine, in a peaceful attempt to retake their airfield. Russian soldiers drove the troops back by firing warning shots into the air.

Concern

"We are worried. But we will not give up our base."

Ukrainian Capt. Nikolai Syomko, an air force radio electrician patrolling the back of the compound. He said the soldiers felt they were being held hostage, caught between Russia and Ukraine.

Standoffs

Russia's seizure of Crimea has not gone as smoothly as Moscow may have expected. Ukraine soldiers have refused to disarm, resulting in standoffs between men surprised to find themselves on opposing sides.

IVAN SEKRETAREV/THE ASSOCIATED PRESS

ratcheted Putin

is gradually stabilizing," Putin said. "We have no enemies in Ukraine. Ukraine is a friendly state." He tempered those comments by warning that Russia was willing to use "all means at our disposal" to protect ethnic Russians in the country.

Significantly, Russia agreed to a NATO request to hold a special meeting to discuss Ukraine on Wednesday in Brussels, opening up a possible diplomatic channel in a conflict that still holds monumental hazards and uncertainties.

In his meeting with reporters on Tuesday, Putin said Russia had no intention of annexing Crimea, and hammered away at his message that the West was to blame for Ukraine's turmoil, saying its actions were driving Ukraine into anarchy.

Russia's Foreign Ministry derided U.S. threats of punitive measures as a "failure to enforce its will and its vision of the 'right' and 'wrong' side of history" — a swipe at President Barack Obama's statement Monday that Russia was "on the wrong side of history."

THE ASSOCIATED PRESS



Russian President Vladimir Putin listens to journalists' questions at the presidential residence outside Moscow on Tuesday. ALEXEI NIKOLSKY/RIA NOVOSTI/THE ASSOCIATED PRESS



The Ukrainian flag flies on Parliament Hill on Tuesday. FRED CHARTRAND/THE CANADIAN PRESS

Joint military operations with Russia scrapped, Harper says

Canada has suspended all joint military activities with Russia, Prime Minister Stephen Harper said Tuesday as Vladimir Putin lashed out at threats of sanctions and accused the West of sowing divisions within Ukraine.

Canada will no longer take part in an anti-terrorism drill involving Canadian and Russian air forces and has pulled

out of scheduled meetings, Harper said in a statement.

The prime minister also threatened to further sever the already frayed ties between the two countries.

"We continue to view the situation in Ukraine with the gravest concern and will continue to review our relations with President Putin's government accordingly," the state-

ment said.

Foreign Affairs Minister John Baird — who met Tuesday with Ukraine's ambassador to Canada — scoffed at Putin's justification for sending troops into Ukraine.

"These Soviet-style tactics are dangerous and tremendously destabilizing to the whole region," Baird said.

THE CANADIAN PRESS

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So how do things go viral, anyway?



SHANE GIBSON
shane.gibson@metronews.ca

On the surface, pictures of cats in hats, grown men pretending to be Star Wars characters and a link that unexpectedly opens a video by a one-hit wonder from the '80s all seem like just good ways to have a chuckle while frittering away time at work. But in reality, Internet memes have become a serious business.

Sites like cheezburger.com — credited with bringing into the mainstream the whole cute-cat-picture thing you'll know from your Facebook feed — are worth big money. But that wouldn't be possible if they were run by a couple of bored office workers looking at pictures of cats; a site can only be worth millions if its content is seen by millions. In other, more au courant words, it has to go viral.

But, we wondered, at what point can it be said that something has gone viral? And how exactly does that even happen?

Generating buzz

"One of the funny things about it is if you're intentionally trying to start a meme you have to look like you're not intentionally trying to start it."

Social-media expert Tim Hwang

on the subject, organized ROFLCon, the first Internet-culture convention, which debuted in 2008.

It's not an exact science, the 27-year-old self-described social-media expert told Metro, but there are a few things to keep in mind if you want your picture of little Fluffy to explode online.

"One of the funny things about it is if you're intentionally trying to start a meme you have to look like you're not intentionally trying to start it," he said.

Hwang believes the culture's most recognized

memes share two properties. The first is simplicity. "For Grumpy Cat, for example, there was one funny image that people could Photoshop.... They've been successful because it's really easy for people to contribute." The second is malleability, which allows audiences to customize and then reshare the images.

"Memes need to provide a way for you to participate online to be successful," Hwang said.

"The really interesting thing about memes is that, certainly in the last few years, the world for them has gotten a lot more commercialized. Which is both good and bad.... I think it's been a trade-off. It's really great that a lot more people are connected to the culture of the web, but in some ways the Internet has lost some of its original community feel."



Hwang said that to truly go viral most successful memes and image macros need time online to pick up a dedicated following, and then need the help of mainstream media to really explode. Metro, being part of the mainstream media, decided not to press our built-in advantage on Step 2, the better to understand Step 1 from the point of view of a normal Internet user.

Look out, Lil Bub — it's Stash!

Metro attempts to make this cat go viral



Internet cat-lebrities

Lil Bub

Known for her permanent kitten appearance, Lil Bub is a dwarf cat with a lolling tongue and a big heart. She's spawned a merchandise empire, and boasts an impressive array of social media followers. She even has her own talk show.

By the numbers:

Born: June 21, 2011
Facebook fans: 645,000
Twitter followers: 34,500
Instagram: 358,000
YouTube subscribers: 105,000



Nala Cat

Quite possibly the only cat with over one million Instagram followers, Nala is a Siamese-Tabby mix known for her blue eyes and love of bow ties.

By the numbers:

Estimated age: 3
Facebook fans: 110,627
Instagram: 1,100,000





Online

For a video and
photos of Stash
and more, go to
metronews.ca



Meet Stash the Moustache Cat ...

Cute, cuddly and the main character in our quest for worldwide fame, this cat possesses a unique look. Stash came to her owner, Metro Winnipeg managing editor Elisha Dacey, in a special way: Stash and his sister Mya were found abandoned in a box and taken to a local pet shelter, which already had an abundance of kittens and was hoping for some press coverage to spur adoptions.

Reporter Shane Gibson took a photo of Stash, and it was love at first black-hair-fluff-under-nose sight.

Dacey wasted no time in adopting Stash, along with his sister, Mya. We all know the Internet runs on cats. Stash, with his ridiculous moustache, proved the purr-fect protagonist in our quest to answer some culturally pertinent questions: How easy is it to make a cat popular online? How popular would this particular (and particularly moustachioed) cat have to get before we could fairly call him a viral sensation, like Lil Bub?

Check back tomorrow — our answer may surprise you. **Bernice Pontanilla/Metro**

The virality checklist



Tim Hwang said that deciding whether something has gone viral is fundamentally subjective and that it's impossible to set purely numerical targets. But for the purposes of our experiment, he suggested some broad categories against which to evaluate our success.

SHANE GIBSON/METRO

1 How many Instagram followers can we accumulate?



2 How many images can we collect from followers? (That is, how many times did someone use our 'template' to create a new meme?)



3 How much action on Reddit, the self-proclaimed front page of the Internet, can we generate?



4 How much traffic can we drive to Stash's website, stashthemoustachecat.com?



5 How many views of Stash's Imgur pictures can we achieve?



Maru

One of the first cats to garner online fame, Maru is a Scottish fold from Japan whose fascination with boxes has been delighting YouTube users for years.

By the numbers:

Born: May 24, 2007
YouTube subscribers:
428,000



From cats to coups in the 'Global Village'

Canadian prophet

"The new electronic interdependence recreates the world in the image of a global village."

Canadian communication theorist and intellectual Marshall McLuhan (1911-1980)

It was University of Manitoba graduate and University of Toronto professor Marshall McLuhan who coined the term the "Global Village" back in the early 1960s.

Though the Internet arrived years after McLuhan's death, he foresaw that technological advances would bring about a world that would once again be reduced to a village, albeit a very large one.

McLuhan's vision, one can easily argue, has come true: Trends and news now travel at the speed of a click.

And while it occurs for

such silly things as music videos — think Psy's Gangnam Style, which has 1.9 billion views and counting — it has also proved useful for serious events such as the recent crisis in Ukraine.

BERNICE PONTANILLA/METRO

Dear America, Please approve the Keystone pipeline

Sincerely, Canada.

Government sends the U.S. a letter asking that the controversial project get the OK

The Canadian government is expressing a desire to work with the United States on reducing oil and gas pollution in a letter to the Obama administration that calls for approval of the Keystone XL pipeline.

The letter argues the merits of the pipeline on environmental, economic and energy-security grounds — and it suggests a willingness, without offering specifics, to take additional steps to curb greenhouse-gas emissions.

From: Canada's ambassador

"Our energy and environment officials are currently assessing common energy issues, including potential oil and gas issues, which we could usefully address together."

Note to U.S. Secretary of State John Kerry, dated Feb. 28 and released Tuesday

The three-page note from Canada's ambassador to Washington, Gary Doer, says the two countries have already worked together on different climate initiatives, including vehicle-emissions standards, and they can do more.

"Our energy and environment officials are currently

assessing common energy issues, including potential oil and gas issues, which we could usefully address together," said the note to Secretary of State John Kerry, dated Feb. 28 and released Tuesday.

Kerry is leading a regulatory review of TransCanada Corp.'s pipeline proposal and is accepting public comments during a 90-day national-interest determination phase, including the letter from the Canadian government.

Just last month, President Barack Obama revealed that he and Prime Minister Stephen Harper talked at a North American leaders' summit about new initiatives to curb greenhouse-gas emissions.

THE CANADIAN PRESS



Fiscal plan? Pssh! Have you heard about my recess plans?

U.S. President Barack Obama sits with Marcus Wesby and other preschool students during his visit to Powell Elementary School in the Petworth neighbourhood of Washington on Tuesday. Obama visited the school to talk about his fiscal 2015 federal budget proposal, which was released Tuesday. The blueprint for fiscal 2015, which begins Oct. 1, includes new spending for preschool education and job training, expanded tax credits for 13.5 million low-income workers without children and more than \$1 trillion US in higher taxes over the next decade, mostly for the wealthiest Americans and corporations. PABLO MARTINEZ MONSIVAIS/THE ASSOCIATED PRESS

Poll finds

Average RRSP contribution dips

Two-thirds of Canadians polled would like to have put more money into their RRSPs for the 2013 tax year, according to a new survey that found average contributions were down slightly.

The Bank of Montreal's survey, conducted last week, said Canadians were contributing an average of \$3,518 to their RRSPs, down \$26 from an average of \$3,544 for the 2012 tax year.

THE CANADIAN PRESS

Alberta to Wisconsin

Enbridge shelling out \$7B to replace Canada-US pipeline

Energy shipper Enbridge is spending \$7-billion US to overhaul a 46-year-old oil pipeline between Alberta and Wisconsin — a project it says won't have to go through the same U.S. federal process that has bogged down a rival's Keystone XL proposal.

In the largest project in its history, Calgary-based Enbridge Inc. and its U.S. affiliate will be replacing Line 3 using improved steel and coating. THE ASSOCIATED PRESS

Another big purchase?

Facebook may buy solar drone company for \$60M

Facebook was in talks to buy Titan Aerospace to step up its efforts to provide Internet access to remote parts of the world, according to reports in the technology blog TechCrunch and financial news outlet CNBC Tuesday. Both sites cited anonymous sources who were familiar with the deal. THE ASSOCIATED PRESS

Market Minute

DOLLAR
90.09¢ (-0.13¢)

TSX
14,289.86 (+77.12)

OIL
\$103.33 US (-\$1.59)

GOLD
\$1,337.90 (-\$12.40)

Natural gas: \$4.64 US (+\$0.14)
Dow Jones: 16,395.88 (+227.85)

Partners. Nova Scotia, United Kingdom unite to study tidal energy

Nova Scotia and the United Kingdom have agreed to work together on research aimed at generating electricity from high tides like those in the Bay of Fundy.

Energy Minister Andrew Younger and Corin Robertson, the acting British deputy high commissioner to Canada, announced a memorandum of understanding today in Halifax.

Under the agreement, the Offshore Energy Research Association of Nova

Scotia and the United Kingdom's Technology Strategy Board will each contribute \$250,000 towards research.

Younger says the agreement will increase the province's research capacity and create business opportunities in Nova Scotia and the U.K.

The agreement will also result in joint proposals being issued for research projects in both Canada and the U.K.

THE CANADIAN PRESS



A tidal-power turbine, built for Nova Scotia Power in an effort to harness the Bay of Fundy's mighty tides, is towed in the Bedford Basin in Halifax in 2009. The turbine quit working shortly after it was deployed. THE CANADIAN PRESS FILE

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THERE'S A DIRE NEED FOR ... CLOWNS?

There's a worldwide shortage of clowns.

I'm not clowning around. I'm serious. According to an "exclusive" story in the New York Daily News, the membership of the World Clown Association has declined by 1,000 in the past decade, from 3,500 to 2,500.

This has implications for the future of clowning:

Instead of "Send in the clowns," we'll have to change the lyrics to "Send in a clown" or "Is there a clown around?"

At the point in the circus where all the clowns pile out of the VW Beetle, we'll have to add a few acrobats and lion tamers to beef up the numbers. Maybe the plate spinner and the knife thrower.

Desperate times. It's enough to wipe the smile off any clown's face, but of course you can't do that because it's painted on.



JUST SAYIN'
Paul Sullivan
metronews.ca

Various reasons are offered for the decline but the main one is attrition. The old clowns are dying off, and there aren't enough young ones ready to take over. Young people who think they're funny go into stand-up comedy, where you don't need a red nose, just a potty mouth.

But I think the real culprit is Stephen King, who wrote about a creepy clown called Pennywise in *It*, the scariest novel ever written, back in 1986. Pennywise offered kids balloons and then ate them (the kids, not the balloons).

Clowns have never been the same since. Instead of lovable old Bozo, we have Krusty of the Simpsons, the disreputable echo of

Pennywise.

Of course, there was the notorious real-life creepy clown John Wayne Gacy — the Chicago serial killer who was re-

sponsible for at least 33 deaths throughout the '70s of young men and boys. When he wasn't murdering people and burying them under his porch, he entertained children as Pogo the Clown.

After Pogo, Pennywise and Krusty, no one in their right mind would want to be a clown.

It's too bad, really. A clown can happy up a birthday party, but these days Princess doesn't want some dumb old clown; she wants Justin Bieber — and the way he's going, he'll be doing birthday parties by July.

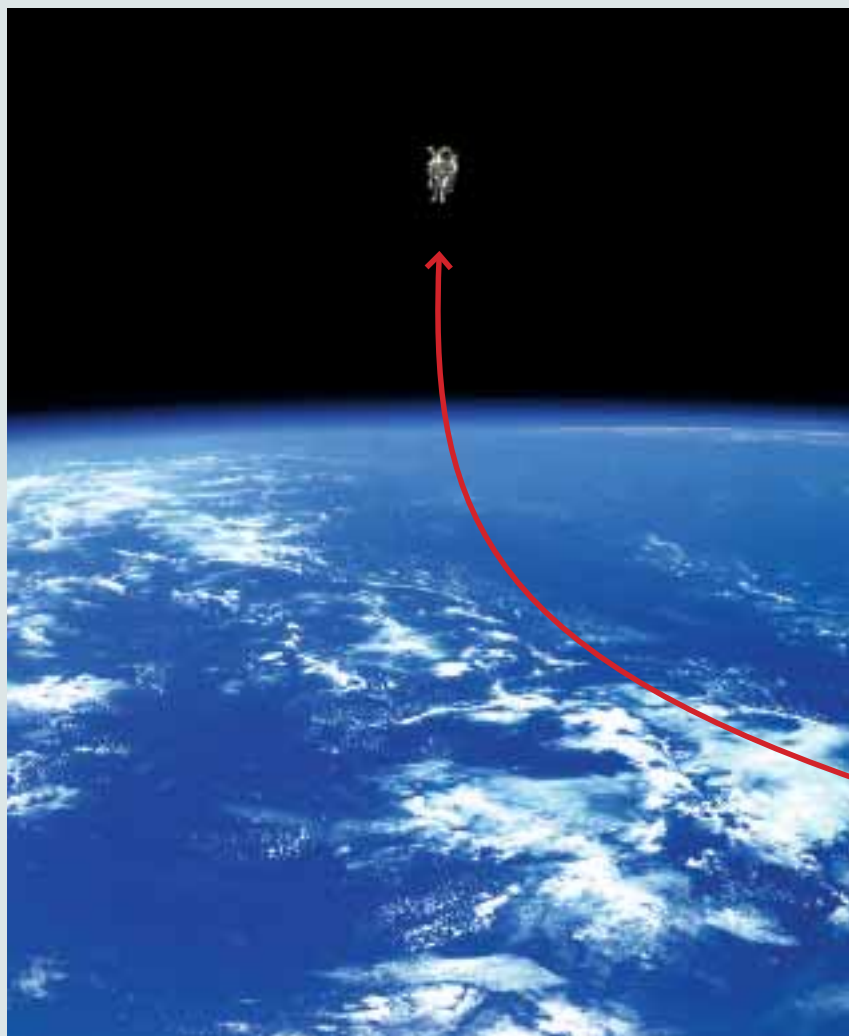
Talk about creepy clowns.

If this keeps up they may have to lower the standards at clown boot camp. Yep, at last year's Ringling Bros. Clown College (it's hard to resist the urge to spell everything with a "K," as in Klown Kollege) only 14 out of 531 applicants were selected to attend boot camp (Clown Feet 101? Introductory Prattle?) and only 11 of those were hired on to the circus.

At that rate they'll have to retire the VW Beetle. Smart car, maybe?

ZOOM

Oscar-worthy picture by NASA



COURTESY NASA

Gravity images outshine movie

Space drama Gravity was the big winner on Oscar night — now savour the movie's inspiration. NASA has released spectacular real-life space photos that are strikingly reminiscent of the jaw-dropping scenes and panoramas from the movie. The space agency tweeted the set of archive images under #RealGravity. **METRO**

Astronaut says

"I told (Sandra Bullock) that I had long hair, and if you pulled a hair out and pushed it against something, you could move yourself across the space station. That's how little force it takes."

NASA Expedition 26 astronaut Cady Coleman, explaining to Gravity star Sandra Bullock what life is like in micro gravity.

Art imitates life

In this 1984 image that showcases the chilling yet beautiful isolation of space, NASA astronaut Bruce McCandless II was photographed further away from his spaceship than any other astronaut in history. He was able to do so thanks to a nitrogen jet-propelled backpack. He was 98 metres from the Challenger orbiter. **METRO**

Clickbait



ANDREW FIFIELD
andrew.fifield@metronews.ca

Despite the best efforts of a certain lamentable patent troll, podcasting is still going strong and the diversity of presentations, subjects and gimmicks becomes more diverse by the day. Here are three can't-miss subscriptions on iTunes.



Ron Sexsmith GETTY IMAGES

Sodajerker:

A British songwriting team turns their love of music into an excuse to talk songwriting with some of their heroes. Nick Lowe, Johnny Marr, Rufus Wainwright and Ron Sexsmith are just a few of the many to sit down to talk about their lives, their feuds and, of course, their songs.

Welcome To Night Vale:

We've already mentioned the wonderfully weird premise of a community radio station broadcasting from a small town besieged by supernatural events and the machinations of mysterious, all-powerful figures. However, I still meet people who have never heard of it — even though they have a perfectly good Internet connection. Absurd.

IRL Talk:

Formerly known as Geek Friday, the new name manages to hang onto the Internet jargon while not scaring away those too delicate to handle being called a *spit* geek. But the material remains the same — witty talk about whatever foolishness or tech is hot this week, alongside evergreen topics like the loathsomeness of trolls or the great butlers of pop culture history.

Comments

RE: Proper Spelling Is Sexy, says Metro's Jessica Napier, published March 4

there is nothing wrong with "donut". there's nothing wrong with "text-speak", you write as if something vaguely horrible will happen if we

don't quickly fix all these terrible things that are destroying language. there is no evidence anywhere that we're all being hopelessly confused by the lack of a comma. linguists know this perfectly well, but authors like Lynne Truss only fan the flames of this manufactured "grammar police state". ugh.

Hank posted to metronews.ca

WE WANT TO HEAR FROM YOU:
Send us your comments: winnipegletters@metronews.ca



Creator goes WABAC to Rocky & Bullwinkle well

Improbable history.

Time-travelling cult TV cartoon characters get big-screen treatment



IN
FOCUS

Richard Crouse
scene@metronews.ca

Jay Ward may not be a household name, but many of the characters he created are.

As the grand poobah at Jay Ward Productions he produced the animated television shows that gave us Rocky & Bullwinkle, Dudley Do-Right, Peabody and Sherman and George of the Jungle among others.

His cartoons weren't just for kids. The Los Angeles Times wrote, "The good ones, which Ward was a master at creating, worked at two levels: One direct and another wonderfully satiric."

This weekend his characters take over the big screen in Mr. Peabody & Sherman, an animated film starring the voices of Modern Family's Ty Burrell, Stephen Colbert and Leslie Mann.

Mr. Peabody & Sherman isn't the first film based on Ward's characters.

In a 1992 television movie (originally shot in 1988 for theatrical release) SCTV alum Dave Thomas played Boris Badenov, "world's greatest no-goodnik." With his partner-in-crime Natasha Fatale (Sally Kellerman) he leaves



Rocky & Bullwinkle spinoff Mr. Peabody & Sherman stars the voices of Modern Family's Ty Burrell, Stephen Colbert and Leslie Mann. CONTRIBUTED

Finding their 'wayback'

Based on Peabody's Improbable History segment from the Rocky and Bullwinkle Show, the movie sees the duo use the WABAC machine to ping pong through time, interacting with everyone from Marie Antoinette to King Tut to Leonardo da Vinci and Albert Einstein.

Pottsylvania for the United States to retrieve a microchip. TV Guide said, "as a

90-minute feature film, it's at least 80 minutes too long," but it's worth a gander to see one of the rare live action performances of June Foray, the original voice of Rocky.

Brendan Fraser brought two of Ward's characters to life, George of the Jungle and Dudley Do-Right.

George of the Jungle is a riff on Tarzan. He's a boy raised in the jungle by an ape (John Cleese) but who never mastered the art of swinging from tree to tree. Rotten Tomatoes gives it a 56% Fresh Rating, but the film

remains most memorable for the catchy "George, George of the Jungle/ Strong as he can be/ Watch out for that tree," theme song by the Presidents of the United States of America.

Two years later Fraser was back in another Ward inspired movie about a bumbling Canadian Mountie called Dudley Do-Right who "always gets his man."

Co-starring with Sarah Jessica Parker and Alfred Molina, the story saw Dudley track his nemesis, the depraved Snidely Whiplash. Bad

reviews — USA Today called it a "Dead-carcass spinoff of Jay Ward's animated TV favorite" — doomed the movie, but the character lives on as part of an amusement park ride called Dudley Do-Right's Ripsaw Falls at the Islands of Adventure theme park.

Finally, despite a big name cast — Jason Alexander, Rene Russo and John Goodman — The Adventures of Rocky & Bullwinkle bombed at the box office despite Robert De Niro doing a take on his famous "You talkin' to me?" speech from Taxi Driver.

Raising the goofy in the Big Brother house



The new crew of Big Brother Canada season two. CONTRIBUTED

The global Big Brother franchise is known for encouraging its outlandish participants to lie, manipulate and scheme their way through the game.

In the Canadian spinoff, the reality show also wants the backstabbing cast to provide plenty of laughs, and producer John Brunton says that meant seeking out some seriously funny house guests.

"Comedy combined with all of the drama and the tears and the heart-and-soul and the absolute insanity of it all, I think it's an important part of the

In the scheme of things

Big Brother Canada returns Wednesday on Slice and Global, airing three nights a week, Wednesdays, Thursdays and Sundays on Slice.

mix," says Brunton, going on to compare the Canuck version to incarnations around the world.

"Perhaps we view that as an important part of the mix more than people do in some other places." The Slice series returns

Wednesday with a whole new crew of attention-seekers ranging in age from a 20-year-old student to a 43-year-old Cape Town refugee.

Most of the 14 houseguests are in their 20s, with a 15th contender set to be revealed during the premiere.

Brunton says one of the surprises of last year's debut was how goofy things got — when people weren't having tantrums or tear-filled breakdowns, that is.

He's hoping for more of the same this year. THE CANADIAN PRESS



Cameron Diaz ALL PHOTOS GETTY IMAGES

Cameron and Sofia finally Spike Jonze of contention

It took more than a decade, but Cameron Diaz has reportedly forgiven director Sofia Coppola for the perceived slight of Anna Faris' ditzy actress character in *Lost in Translation*, suspected by many to be based on Diaz as retaliation for her flirtation with Coppola's then-husband, Spike Jonze. "Sofia and Cameron have had an incredibly difficult relationship since 1999, the year Sofia married Spike. It only got worse when the film came out and it became pretty well-known that part of the movie was based on their real-life feud," a source tells Radar

Online — though Coppola has downplayed the comparison. "There has been a thaw in the relationship between Sofia and Cameron in recent months. They had drinks this summer and cleared the air, possibly even paving the way for a future collaboration."

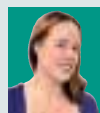
But the *Lost in Translation* damage isn't completely repaired, as Diaz is apparently still pretty miffed at Faris for her performance. "Cameron still refuses to talk to Anna," the source adds. "And she has never publicly addressed the movie scene in question. It's an off-limits topic."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

ScarJo will be rocking the cradle with French fiancé



THE WORD
Dorothy Robinson
scene@metronews.ca

Scarlett Johansson, 29, is expecting a baby with her French fiancé, Romain Dauriac, E! News confirmed.

Not much is known about Johansson's baby daddy. Alternate reports have him as a journalist, the head of a creative agency and an advertising director. Whoever he is, he has excellent taste: Johansson showed off her gi-



normous vintage art deco engagement ring at the Venice Film Festival in September.

Did ScarJo know she was pregnant when she talked with the *Daily Mail* in December? "I would like to have my own family, that would be nice," she said. "They say it's never the right time and I am sure that's true, but I think you have to plan it like anything else." Looks like that time is now.

But what does the happy news mean for Johansson's next turn as Black Widow in *Avengers: Age of Ultron*? The actress is set to begin work on the sequel to the 2012 hit on April 5 following her promotional tour for *Captain America: the Winter Soldier*, and while Marvel Studios has no comment about adjusting her schedule, an insider says, "They're going to fast-track her scenes."



Lena Dunham

Lena takes on Betty and Veronica

Lena Dunham is trading her usual clique of *Girls* for two other ladies: Betty and Veronica. Archie comics chief creative officer Roberto Aguirre-Sacasa has asked Dunham to write four new stories for the 75-year-old comic book series, and she readily agreed.

"We heard she was an Archie fanatic, and we run in similar circles, so I was able to reach out to her," Aguirre-Sacasa, who was also a writer on *Glee*, tells *Comic Book Resources*.

His lips are sealed as to what the new storyline will be, but he did say it is very contemporary and gives the classic comic book a unique spin.



3
LIFE

Finding the magic in Mexico

Loreto. This sleepy seaside village is the destination developers forgot — so get there before the hordes do

Efforts to turn the Mexican seaside village of Loreto into a major destination have been going on for years. So far, though, the results have been limited, and that in itself makes it worth visiting.

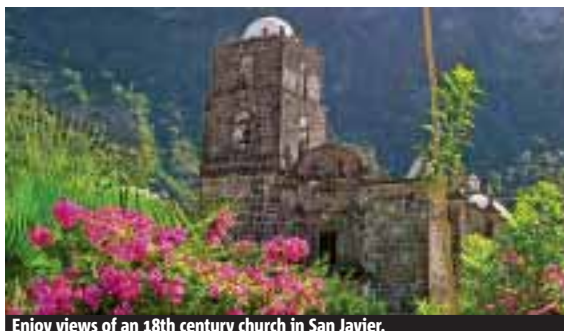
Loreto is already a gem — a historic town nestled between gold-hued mountains and the blue Sea of Cortez. It's known mainly to whale watchers (late winter), sport fishermen (year-round) and snowbirds who drive down from British Columbia.

Loreto was earmarked for tourism development 30 years ago, part of an initiative that also included Cancun, Ixtapa, parts of Oaxaca and Los Cabos. While the others flourished, the development of Loreto faltered. In a renewed effort two years ago, Mexico's tourism agency gave Loreto its "Magic Town" moniker, a label to promote places notable for natural beauty, cultural riches or historical relevance. Still, the international airport here welcomed only about 40,000 tourists last year, compared to the million or so who flew to Los Cabos, 480 kilometres to the south.

And there are no cruise ships. Instead, there is the Loreto Bay National Marine Park, a UNESCO World Heritage site made up of five islands access-



Loreto's new promenade makes for a pleasurable waterfront stroll. PHOTOS: THE ASSOCIATED PRESS



Enjoy views of an 18th century church in San Javier.

ible only by boat.

After a 90-minute flight from Los Angeles — the only U.S. gateway at present — you will find a town seemingly frozen by the economic downturn, with half-built hotels and empty storefronts.

You'll also find a bit of "old"

Mexico. There are a fair number of people who speak no English, friendly ex-pats happy to offer suggestions, a scattering of small festivals, a soccer stadium with spirited games, and a local mariachi band that plays in khakis, not costumes. Following are some highlights.

History

Loreto became the first Spanish settlement on the Baja California peninsula when Jesuit missionaries established the Mission of Our Lady of Loreto in 1697. The baroque-style church still functions, and is used for weddings. An adjacent Mission Museum highlights not only the religious past, but also the political history, as Loreto served as the regional capital from 1697 to 1777. An 18th-century church popular with pilgrims is located an hour away, high in the Sierra de la Giganta mountains in the hamlet of San Javier. Lunch is available at a restaurant in the village, which only got full-time electricity in 2012.

Waterfront

A new, multimillion-dollar

Dining

- **Canipole.** A spot that has no menu, no roof and an open kitchen, and provides traditional blankets for diners to wear when temperatures fall. The guacamole is made tableside, followed by the daily special, which usually contains divine mole.

promenade makes for a pleasant waterfront stroll and provides for spectacular views east towards the islands. It passes a lighthouse and a small marina, where skippered pangas (small open boats with outboard motors) can be rented for about \$100 for fishing, bird-watching, wildlife-viewing or a lift to the white-sand beach on Coronado Island. Farther down, the sidewalk runs past a city beach, empty during the January chill but for the permanent thatched-roof palapas that provide relief from the sun.

Beaches

The best beaches are a short drive from Loreto, but the roads are good and the travel easy. Thirty kilometres south is the community of Ensenada Blanca, which undoubtedly has the most spectacular views of the marine park. You can access the beach through a time-share property, the Villa Del Palmar. It sells a visitor pass for \$65 US per person, which includes unlimited food and drinks, and use of the pools and beach from 10 a.m. to 6 p.m. THE ASSOCIATED PRESS

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Surf parks are making waves

Travel trend. Artificial waves can make surfing more friendly for the masses, but will it corrupt a sport that's at one with nature?

Some of surfing's biggest names aren't just catching waves. They're also talking about making them.

Surf parks — massive pools with repeating, artificial waves — are the latest buzzword in the surf community, as everyone from top athletes to retailers look for ways to expand the sport, boost sales and create a standardized way to train that could help surfing earn an Olympic pedigree.

"Mother Nature stipulates that surfing only can occur where waves can be born. When man takes his hand to forming the waves, it unlocks the potential of surfing anywhere. And that is the most powerful thing," said Doug Palladini, president of the Surf Industry Manufacturers Association. Last November, dozens of industry leaders, surfers and investors met in Laguna Beach in Southern California for the first annual Surf Park Summit to spark interest in a business proposition that could breathe life into a sport that struggled during the recession.

About 50 per cent of independent mom-and-pop surf retailers — the heart and soul of surf culture — shut down worldwide during the recession

and those that survived face an increasingly saturated market that is limited by geography.

Enter the dream surf park, a two-acre wave pool capable of generating anything from tiny beginner ripples to 10-foot barrels every minute, with every wave the same. Customers would pay by the number of waves to learn the sport or refine their technique and learn new tricks.

The prospect has surf board manufacturers and apparel retailers salivating at the thought of new markets for surf gear and clothing in land-locked places like Kansas or Nebraska. But parks would also be prime real estate for sponsored surfing competitions.

There are tantalizing what-ifs: A national surfing league, much like the NBA, with feeder teams and city affiliations. Live, televised surfing competitions staged with predictable waves in a massive surf arena. Some even believe surf parks could propel the sport into the Olympics, a dream that has so far proven elusive. "Without man-made waves, there will not be Olympic surfing," said Fernando Aguerre, president of the International Surfing Association. "It's the ultimate wave-sharing that you can imagine."

Olympics aside, everyday

surfers who already live near the beach say even they would use the parks as a supplement to the ocean, to refine their skills on a consistent wave or get in a few rides when the natural surf is bad. "In a park, you can always get in a perfect position, the wave will always be perfect and you can really work on your surfing," said Cliff Char, 54, who's been surfing 15 years near his hometown of Seal Beach.

Detractors, however, worry that in the rush to surf parks, the sport will lose its soul.

Betting on artificial waves, they say, will sanitize and commercialize a pastime the most passionate surfers describe as a solitary, rugged pursuit where athletes and nature commune.

"The problem is, surf culture is about so much more than just riding a wave. It is about having a genuine respect and connection with the ocean," said Zac Heisey, a surfer and freelance writer who addressed the debate on his blog, In the Name of Surf.

Some of the biggest and best-known include Disney's Typhoon Lagoon in Florida, Wadi Adventure in United Arab Emirates and Wavegarden, a private research and development site tucked away in Spain's Basque country. **THE ASSOCIATED PRESS**

Quoted

"The problem is, surf culture is about so much more than just riding a wave. It is about having a genuine respect and connection with the ocean."

Surfer and blogger Zac Heisey addressing the debate on his blog, In the Name of Surf



Professional surfer Gabriel Medina of Brazil, back, rides the machine-made wave at WaveHouse San Diego.
THE ASSOCIATED PRESS

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Creepy crawlies get super sized at exhibit

Bugs: Outside the Box. A collection of insect sculptures makes its Canadian debut in Halifax — and the kids love it

It's a way to get to know your backyard invaders without the "ew" factor.

A larger-than-life exhibit at Halifax's Museum of Natural History is hoping to get people acquainted with bugs in a new way — by enlarging them more than 15 times their normal size.

"Bugs are, for many people, a challenge, and creepy," museum spokesman Jeff Gray said while standing next to a giant sculpture of a Hercules beetle.

"When you magnify them, they kind of lose parts of that. That representation allows you to disconnect with any phobias

and allows you to really appreciate it."

Halifax is the first Canadian stop for Bugs: Outside The Box, which includes about a dozen realistic sculptures of such creepy crawlies as the long-armed beetle, the dragonfly and the leaf grasshopper.

Created by Italian sculptor Lorenzo Possenti, the travelling exhibit aims to show the intricate anatomy of insects without the use of a microscope.

"The sculptures have been done in a way that are very true to the bugs themselves. They're extremely accurate,

even at this size," said Gray. "For a lot of people coming to the exhibit, they appreciate the bugs and they also appreciate the artistic nature of it."

One section of the exhibit features three vibrantly-coloured butterflies with bulbous black eyes and wings that span nearly two metres.

Below the models is a touchable yellow and black wing, exposing the butterflies' rough scales that are normally extremely delicate to human hands.

"If you ever handle a butterfly or moth, they have a dust that comes off, and that's their

If you go...

- **Dates.** Bugs: Outside The Box will be on until May 19 at the Museum of Natural History, located at 1747 Summer St. in Halifax.
- **Hours.** The museum is open Tuesdays through Sundays from 9 a.m. to 5 p.m., and Wednesdays from 9 a.m. until 8 p.m.



Bugs get blown up in a new exhibit in Halifax. THE CANADIAN PRESS

Young entomologists

"Kids love bugs, and this is a fun way to see them. It's a very children-friendly experience."

Jeff Gray, spokesman, Halifax's Museum of Natural History

scales. That hurts their wings," said Heather McKinnon Ramshaw, assistant co-ordinator of interpretation for the museum. "These ones you can actually touch and kind of feel what it's like."

Nearby is one of the world's masters of disguise: the stick insect. This long, slender bright green bug stands out at the museum, but in the wild it uses its camouflage to blend

Other, more ominous-looking insects include various beetle species that reveal the extent of their protective exoskeletons and massive jaws capable of grabbing opponents.

Gray said it's museum-goers of the tiny sort that are enjoying the exhibit most. "Kids love bugs, and this is a fun way to see them," he said. "It's a very children-friendly experience." THE CANADIAN PRESS



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Bucket list



The Himalayas

This summer, head for the hills — you won't find anything more achingly beautiful than Northern India. Always a top spot for committed backpackers and mountaineers, this remote region welcomes the regular traveller via the inventive Shakti Village Experiences. These adventures offer private tours through a paradise of pristine nature. There is rafting, camping, camel riding and cooking classes, along with hikes to villages and temples. You stay in a traditional Himalayan home with a porter, chef and guides who keep things safe and comfortable. It is off the beaten track, but with niceties you wouldn't expect at 10,000 feet above sea level. Visit shaktihimalaya.com. **DOUG WALLACE/METRO**

What's the deal?

Metro's globe-trotting columnist offers advice on common quandaries



ON THE MOVE
Loren Christie
life@metronews.ca

This week I'm answering some reader questions about travel.

Heading to Europe this summer. Where can I get the best bang for my buck?

According to Hotels.com's Hotel Price Index, which pinpoints cities where you can find affordable hotel rooms, you should be looking at capitals that all start with the letter B for the best value: think Brussels, Berlin and Budapest. Lisbon also makes the under \$200-per-night cut. Additionally, the Portuguese capital offers great restaurant food at reasonable prices.

Can I get a prescription filled abroad?



Want to do Europe on the cheap? The cities that start with B — like Budapest — have the best hotel deals. **ISTOCK**

Pharmaceutical regulations are different in each country, so getting a supply of medicine on foreign soil isn't simple. Ensure the pills you are looking for are legal in your host country and know the generic name and dosage for the medication. Find an accredited,

English-speaking physician through the local Canadian consulate or the International Association for Medical Assistance to Travellers (iamat.org).

Doctors, who are members, will often make house calls to hotels. Be sure to fill the prescription at a phar-

macy recommended by that doctor or attached to a clinic or hospital, as counterfeit drugs have become increasingly common abroad.

Should you tip hotel room attendants?

Absolutely, they're often

forgotten. I like to leave \$2 to \$5 per day, depending on extra touches provided, on the bed with a note of thanks. If you prefer to leave one tip at the end of a longer stay, leave an envelope at the front desk. Note your name and room number and dates of stay and ask to have it divided among all the staff who serviced your room.

Any tips on avoiding lost luggage?

When booking your trip, try a direct flight. If it's not possible, ensure you have ample time between flights for your bags to be transferred.

Book your trip on the same airline so if a bag is lost you are dealing with one airline versus two that may try and push the blame onto each other. Label your baggage with your name and contact information including cellphone number. For security reasons, use your work address, not your home address, and put labels on the inside and outside of your luggage in case the tags get ripped off.

CAA Travel Presents: Where travel takes centre stage

Is it summer yet? Join us this month as we talk about two of our upcoming summer getaways to Ireland and Italy.

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I believe that I'm being bullied

Tackling the torment.

Investigate the intentions of your crotchety co-worker

PARISA
NIKFARJAM
TalentEgg.ca

Are you being bullied at work? If your answer is yes, you're not alone. While employers are working harder than ever to create safe and inclusive workplaces for their employees, cases of workplace bullying persist.

Why?

There are numerous factors that contribute to the persistence of workplace bullying, including:

- Lack of awareness of the effects of bullying
- Inaccurate perception of performance management (i.e. the belief that pushing employees will deliver better and faster results)

- Workplace cultures that breed incivility

Whatever the reason, it is important to recognize that workplace bullying is not tolerated under the law.

For example, Ontario's Occupational Health and Safety Act (OHSA) sets out the rights and duties for occupational health and safety of all parties in the workplace. These rights and duties include protection for employees from workplace violence and harassment.

What constitutes workplace harassment?

Workplace harassment under OHSA means engaging in a course of vexatious comment or conduct against a worker that is known or ought reasonably to be known to be unwelcome. It can include:

- Unwelcome words or actions that are known or should be known to be offensive, embarrassing, humiliating or demeaning to a worker or group of workers.



Does your workplace seem more like a warzone of late? Keep track of any hair-raising incidents in case you're ever required to report them. COLOURBOX

- Behaviour that intimidates, isolates, or even discriminates against the targeted individual(s). Common examples are yelling, targeting, gossiping, shunning, slamming doors, throwing objects, profanity and abusive language, and so on.

If the harassment is based on such grounds as age, gender,

sexual orientation, sex, marital status, family status, disability, race or ethnic origin, then it may also be a violation of your province's human rights code.

A word of caution

It's important to keep in mind that not all actions and conduct will amount to bullying and/or harassment. Reasonable action or conduct by an employer,

Where do I go from here?

If you are determined that you're being bullied, what can you do?

- You may wish to report the behaviour to your organization's human resources department. There will likely be a policy on workplace harassment or respectful behaviour in the workplace, which sets out the organization's standards and the process for initiating complaints.
- Your organization will then investigate your complaint, which entails gathering your evidence, the evidence of the alleged bully, as well as the evidence of any relevant witnesses.

done in an uncivil manner.

Examples could include:

- Changes in work assignments
- Scheduling, job assessment and evaluation
- A civil disagreement
- Legitimate performance management
- Implementation of dress codes
- Disciplinary action

It is therefore important to critically assess the nature of the behaviour before concluding that it is harassment or bullying.

While it is difficult to face workplace bullying, realizing that there are places you can turn — i.e. friends, family and now through the law, your employer by way of its obligations to respond to harassment — is a crucial first step.

PARISA NIKFARJAM IS AN EMPLOYMENT LAWYER WITH RUBIN THOMLINSON LLP. **DISCLAIMER: THIS ARTICLE IS FOR GENERAL DISCUSSION PURPOSES ONLY AND SHOULD NOT BE REGARDED AS LEGAL ADVICE.**

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- Newspaper experience would be an asset
- Sales management training preferred
- Minimum of 3-5 years experience in a sales management role in the Winnipeg market
- Experience selling to retailer and/or small-medium business directly
- Excellent oral and written presentation, communication and negotiation skills
- Superior ability to manage a sales team utilizing a Customer Relationship Management System (CRM)
- Ability to problem solve and make decisions in a dynamic, ever-changing environment
- A passion for creativity; an entrepreneurial spirit
- Proficient in Microsoft Office applications

Interested individuals who possess the skills described above are requested to submit their resumé and cover letter via email to hr@metronews.ca no later than March 22nd.

PLEASE QUOTE: "Sales Manager - Winnipeg" in the Subject Line. All submissions will be treated as confidential.

metro

Warm up and get your vitamin C fix

Beef and Kale Soup.

The superfood is often associated with being turned into crispy chips, but it also works great in main dishes



DINNER EXPRESS
Emily Richards
food@metronews.ca

FLASH FOOD



From your fridge
to your table in
30 minutes or less

Kale is a great source of vitamin C and folate, so a little packs a punch.

I love cooking with kale and especially adding it to soups and pastas. Try adding chopped kale to your next batch of any of homemade soups for some added nutrients and flavour.

In this soup, the combina-

Ingredients

- 1 tsp (5 ml) canola oil
- 1 onion, thinly sliced
- 2 cloves garlic, minced
- 1/2 tsp (2 ml) each ground cumin and coriander
- 4 cups (1 l) beef broth
- 2 cups (500 ml) lightly packed finely shredded kale
- 1 strip loin grilling steak (about 8 oz/250 g)
- 1 can (19 oz/540 ml) red kidney beans, drained and rinsed
- Pinch freshly ground black pepper



This recipe makes three to four servings. EMILY RICHARDS

tion with the beef is perfect and subtle. It makes a hearty soup perfect for a cold winter's night.

If you let the soup cook longer, the kale continues to soften and cook flavour right into the soup. Add a dash of hot pepper sauce at the table for those who may want to add some extra

heat to the soup.

1. Heat oil in a pot over medium heat and cook onion, garlic, cumin and coriander for about 8 minutes or until softened and beginning to turn golden. Add stock and bring to boil. Add kale and cook, stirring occasionally for 5 minutes.

2. Meanwhile, trim any fat from steak and discard. Slice steak into thin strips and cut strips in half crosswise. Add to soup along with beans and pepper and cook, stirring occasionally for about 10 minutes or until kale is tender and steak is slightly pink inside.

Cooking tips

- You can use two boneless, skinless chicken breasts for the beef (sliced and cooked until no longer pink inside). You can also use spinach or Swiss chard for the kale.
- What do you do with leftover kale? Kale chips! They're crispy, low calorie, full of great nutrition, and an easy way to increase your intake of micronutrients.

START TO FINISH
ABOUT 25 MINUTES

You don't have to be so kneady

1. Heat the oven to 350 F.

2. Place walnuts in shallow baking dish, then place in oven on the middle shelf to toast 10 to 12 minutes. Set aside to cool.

3. Once nuts cool, in bowl stir with both flours, salt, yeast and rosemary. Add water and stir briefly with wooden spoon, just until dough is barely mixed, about 30 seconds. The dough should be wet and tacky. If it is not, add 1 to 2 tablespoons more water. Cover bowl and let it rise at room temperature for 12 to 18 hours, or until it is more than double in bulk.

4. After the dough has risen, generously sprinkle a work surface with flour and gently, with the help of a plastic bench scraper, scoop out the dough onto the counter.

5. Working very quickly, with floured hands, fold dough inward to centre on all sides to form seam. Turn dough over to form a round with the seam on the bottom. Generously sprinkle a clean kitchen towel with flour. Lay the towel flat on the counter and set the dough on top, seam down. Sprinkle the top of the dough lightly with flour and loosely fold the ends

of towel over the dough.

6. Let dough rise in a warm place for 1 to 2 hours, or until almost doubled in bulk. You will know it is ready when you poke the dough and it holds your imprint. If the dough bounces back, it is not ready.

7. About 30 minutes before you think dough is ready, heat oven to 475 F. Put a rack in the lower third of the oven, and place a covered 4 1/2- to 5 1/2-quart casserole dish in the oven to heat.

8. When the dough has risen, carefully remove the casserole

dish from the oven and remove the lid. With the aid of the tea towel, flip the dough gently, seam side up, into the casserole, put the lid on the casserole and return it to the oven. Bake for 30 minutes. Carefully remove the lid and bake until the bread has browned nicely, another 15 to 30 minutes.

9. Remove the casserole dish from the oven and use a spatula or dish towel to carefully transfer the bread to a rack to cool completely before slicing.
THE ASSOCIATED PRESS/ SARA MOULTON
AUTHOR OF SARA MOULTON'S EVERYDAY FAMILY DINNERS.



This No-Knead Walnut-Rosemary Bread recipe makes one loaf of bread.
MATTHEW MEAD/ THE ASSOCIATED PRESS

Ingredients

- 1/2 cup (50 g) coarsely chopped walnuts
- 2 cups (266 g) bread flour
- 1 cup (133 g) whole-wheat flour
- 1 1/4 tsp (8 g) table salt
- 3/4 tsp (2 g) instant or rapid-rise yeast
- 2 tbsp (6 g) chopped rosemary
- 1 1/3 cups (350 g) cool water (55 F to 65 F)
- Additional flour, wheat bran or cornmeal, for dusting



Islanders goalie Anders Nilsson stops a shot by the Jets' Mark Scheifele at the MTS Centre on Tuesday night. MARIANNE HELM/GETTY IMAGES

Islanders shoot Jets down in overtime

NHL. Grabner ends matchup by converting on breakaway in extra period

Michael Grabner scored on a breakaway 3:53 into overtime as the New York Islanders defeated the Winnipeg Jets 3-2 on Tuesday.

Cal Clutterbuck sent a pass from around the blue-line up to Grabner, who slipped between two Jets and beat Ondrej

On Tuesday

3

Islanders

2

Jets

Pavelec.

The Islanders (24-32-8) also got a goal and assist from Anders Lee and a goal from Colin McDonald to end a two-game losing skid.

Jets captain Andrew Ladd scored his 16th and 17th goals of the season, tying the game 2-2 with 5:07 left in the third period for Winnipeg (30-26-7), which had a two-game winning streak end.

Islanders forward Josh Bailey turned over the puck in the Jets' zone under pressure from defenceman Mark Stuart and Winnipeg centre Olli Jokinen then sent a pass up the ice to Ladd.

Ladd went in alone on goalie Anders Nilsson and beat him with a low shot on the blocker

side at 14:53.

In the final three minutes, Nilsson was called for delay of game when he shot the puck over the glass, but the Jets couldn't capitalize on their fifth power play of the game.

Nilsson made 36 saves and Pavelec stopped 24 shots.

Earlier Tuesday, the Islanders traded defenceman Andrew MacDonald to Philadelphia for centre Matt Mangene and a third-round pick in this year's NHL draft and second-round pick in 2015.

THE CANADIAN PRESS

Lance Armstrong

SCA recovery bid of \$12M halted

A Texas appeals court has temporarily blocked an arbitration panel from reviewing \$12 million in bonuses paid to Lance Armstrong by a company that wants its money back, stopping efforts to force him to give new sworn testimony about his doping past.

SCA Promotions has sought to reopen a 2006 settlement paid to Armstrong since his 2013 admission to using performance-enhancing drugs during his cycling career to win the Tour de France.

THE ASSOCIATED PRESS

Ukraine united



"The national team is a symbol of unity because

players come from all over Ukraine. We're all one big family, we're all united."

Ukraine men's soccer team captain Anatoliy Tymoshchuk. The Ukrainians are scheduled to face the United States in a friendly on Wednesday in Cyprus, a match moved from Kharkiv to Larnaca for security reasons.

Spring training

Jeter still looking for his first hit

Derek Jeter went 0-for-2 to extend his hitless spring training, and the New York Yankees lost to the Baltimore Orioles 3-2 on Tuesday night.

The Yankees captain is 0-for-9 in four games.

THE ASSOCIATED PRESS

A new Sunrise: Luongo sent back to Fla.



Roberto Luongo spent five seasons with the Florida Panthers before being traded to the Canucks in June 2006. BILL HARRINGTON/THE ASSOCIATED PRESS

The Vancouver Canucks traded goaltender Roberto Luongo to the Florida Panthers, on Tuesday ending a roller-coaster saga that has gone on for almost three years.

Luongo's unhappiness in Vancouver since the 2011 Stanley Cup final included being usurped as the starter by Cory Schneider, demanding to be traded, complaining that his \$64-million US, 12-year contract "sucks" and seeing Schneider being dealt away.

Coach John Tortorella added another chapter by choos-

Pumped?

Roberto Luongo — at least temporarily — joins Tim Thomas in Florida, the goalie who beat him in the 2011 Stanley Cup final while with the Boston Bruins.

ing not to start the 34-year-old in last weekend's Heritage Classic, opting to go with Eddie Lack.

Now Lack could split duties with Jacob Markstrom, ac-

quired from the Panthers as part of the Luongo deal along with forward Shawn Matthias.

ECHL-based forward Steve Anthony also heads to Florida.

"This caught me off guard," Luongo said, as quoted by the Canucks on Twitter in a post that was then quickly deleted. "But I'm excited. I'm going home."

Luongo returns to the Panthers with eight years left on his deal beyond this season. The Montreal native makes his off-season home in South Florida. THE CANADIAN PRESS

CFL. 'Fearless' former Bomber Pierce ready to hang 'em up in B.C.

Buck Pierce, who has dealt with devastating injuries throughout his career as a quarterback, has retired from the Canadian Football League, the B.C. Lions announced Tuesday.

"I am very grateful for the support of teammates, fans and management in both BC and Winnipeg during my career," said Pierce in a statement.

"It's been a great ride and I'm ready to move into the next phase of my football career."

The Lions re-acquired Pierce in a trade with the Winnipeg Blue Bombers last September. The move was to help solidify depth at the quarterbacking position, which they would need when Travis Lulay later injured his shoulder.

Pierce joined the Lions in 2005, playing in B.C. until 2009, before he joined the Blue Bombers. He now makes his off-season home in Winnipeg.

During his time with the Blue Bombers, Pierce helped take that team and franchise back to the Grey Cup in 2011. In 2006, he won a Grey Cup with the Lions.

Throughout his nine-year career, Pierce gained a reputation for his toughness, his will-



Buck Pierce THE CANADIAN PRESS

ingness to sacrifice his body in the brutally physical game of football. He suffered numerous injuries, including concussions, rib and knee injuries throughout the course of nine-year CFL career.

"Buck was a fearless competitor who never hesitated to put his body on the line for our organization," Lions VP of football operations and GM Wally Buono said in a statement.

CAM TUCKER/METRO IN VANCOUVER

Spring training

Bucs tame Tigers

Charlie Morton allowed one hit in three scoreless innings, helping the Pittsburgh Pirates to a 5-2 victory over the Detroit Tigers on Tuesday.

Kelly had two hits for the Tigers, and Austin Jackson hit a two-run homer in the fourth for Detroit's runs. THE ASSOCIATED PRESS

MLB

Santana starts comeback with O's

Two-time AL Cy Young Award winner Johan Santana agreed Tuesday to a minor-league contract with the Baltimore Orioles as he tries to come back from the second major operation on his left shoulder.

THE ASSOCIATED PRESS

Howell finds her new fame larger than life

Gold-medal glory. Ski slopestyle champion still coming to grips with her grand accomplishment

Big trick up her sleeve

In slopestyle, athletes try to wow the judges with tricks and moves off the jumps and rails. The degree of difficulty, style and execution are also factors.

- Howell won gold with a score of 94.20 in conditions that started off icy and fast but became slow and slushy as the day progressed. She nailed an off-axis full twisting flip — the switch misty mute 9 jump — to help put some distance between her competitors.

Canadian freestyle skier Dara Howell made history at the Sochi Games by becoming the first women's champion in the new Olympic sport of ski slopestyle.

It's an accomplishment she has yet to fully digest.

"I still go through the moments where I can't believe that this has actually happened and I came home with a gold medal," she said Tuesday.

The last three weeks have been a whirlwind for the 19-year-old Howell, who came through with a tremendous run at Rosa Khutor Extreme Park for the victory. Kim Lamarre of Quebec City won bronze and joined her on the podium.

Howell, 19, was recently feted in her hometown of Huntsville, Ont., and the media requests and interviews are still keeping her busy.

"I was definitely overwhelmed with the amount of people that came out," she said during a media swing

through Toronto. "I knew that Huntsville supported me from the get-go but coming in the other day to the party and seeing how many people were actually there and so excited for me was just crazy."

Her future is bright and there could be more fame, sponsorships and opportunities to come. She plans to take it all in stride.

"I think all the things that do come up are just going to help me become a better athlete," she said. "Hopefully I can just run with it and see where my future takes me."

THE CANADIAN PRESS

Quoted

"Coming back in four years is already in my mind and I know my coaches are definitely going to push for it too." Dara Howell on defending her Olympic ski slopestyle championship at the 2018 Winter Games in Pyeongchang, South Korea.



Gold-medallist Dara Howell celebrates during the medal ceremony for women's ski slopestyle during Sochi Winter Olympics on Feb. 11.

STREETER LECKA/GETTY IMAGES



Toronto design company Jacknife is creating a medal for Gilmore Junio, the Canadian speedskater who gave up his spot in an Olympic race to his teammate and eventual silver medallist. CONTRIBUTED GEMMA KARSTENS-SMITH

Junio's sacrifice won't go unrewarded

Gilmore Junio is getting a medal after all.

The Canadian speedskater withdrew from the men's 1,000-metre race in Sochi last month so teammate Denny Morrison could compete instead.

Morrison won silver in that Olympic race but it was Junio's selflessness that made headlines and got Canadians talking.

Mike Richardson couldn't fathom giving up his dream the way the speedskater had. The partner and creative designer for Jacknife, a Toronto design company, talked to his co-work-

ers about Junio and how they could recognize the skater's generous act.

Junio's story resonates with people because it came at a time when Canadians are questioning our global identity, Richardson said.

"I think some of the shine has worn off the Canadian persona of being the super nice people; in certain circles we're getting knocked around a bit," he said.

"Along come the Olympics. We're doing really well and winning medals and we start to feel like we're a competi-



Gilmore Junio THE CANADIAN PRESS

tive nation. Then out of nowhere, this guy reminds us that what we really stand for isn't winning or being the best or having the most money,

but we're about having compassion and selflessness. And on a world stage. And that just makes everyone super proud."

Richardson suggested to the group that Junio deserved a medal. Once the idea was dis-

cussed, he realized they could make it a reality.

The medal's top layer will be gold, because that's the top accolade for an athlete. The centre layer will be silver, representing the medal Morrison won in Sochi thanks to Junio's sacrifice. And the final layer will be maple wood, a nod to the Canadian people.

By noon Tuesday, Jacknife had raised more than \$6,750 for the project through crowd funding. Any extra money raised will go to the charity of Junio's choice.

TORSTAR NEWS SERVICE

WINNING.

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ASSOCIATION OF CANADA

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(UNDER \$21,000)



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2014 CX-5
COMPACT UTILITY
OF THE YEAR



AUTOMOBILE JOURNALISTS
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2014 MAZDA6
CANADIAN CAR OF THE YEAR AWARD



Volvo's new V60: safe and stylish



PHOTOS: WHEELBASEMEDIA.COM

2015 Volvo V60

- **Type.** Four-door, front-/all-wheel-drive wagon
- **Engines (hp).** 2.0-litre DOHC I4, TC (240); 2.5-litre DOHC I5, TC (250); 3.0-litre DOHC I6, TC (325-345)
- **Transmissions.** Eight (2.0) and six-speed automatic (std. 2.5, 3.0)
- **Base price (incl. destination).** \$41,500



Design

The V60 is an offshoot of the S60 sedan and shares much of its physical traits. However, in back, the V60 presents one of the more attractively sculpted hatchbacks to grace any wagon. In most key measurements, length, width and distance between the front and rear wheels, both sedan and wagon are in a dead heat.

Engine

Along with a Volvo-measured zero-to-96-km-h (60-mph) time of 6.1 seconds, a major Drive-e bonus will be a fuel-consumption rating that's expected to be significantly lower than the inline five-cylinder's 9.9 l/100 km city and 6.5 highway.

Review. Walking the fine line between form and function ... and sometimes crossing it

MALCOLM GUNN
wheelbasemedia.com

Station wagons have been around for decades, but perhaps no other brand is more identified with this form of transportation than Volvo. That's what makes the 2015 V60 Sportswagon such an important addition to the Sweden-based (and Geely of China-owned) fleet.

In many respects the V60 represents a return to Volvo's roots. There hasn't been a front-wheel-drive carryall in the brand's North American lineup since the V70 was retired after the 2010 model year. That left just the all-wheel-drive XC70, with its hiked-up suspension and blacked-out trim, as the company's wagon flag-bearer.

In cargo capacity the V60

comes up a bit shorter than you would think when compared to the old V70. That's the cost of style, apparently.

The elegant interior features a unique "waterfall" control panel that flows downward from the dashboard onto the floor console. There's storage space behind the flat panel, which is pretty standard for Volvo. The rest of the cabin displays considerable premium content with the optional well-bolstered seats being precisely what you would expect in a car that uses the Sportswagon tag.

There's also plenty of sporty content to be found under the hood. The V60 and S60 will be the first Volvos to reach North America with a brand new engine. The turbocharged 2.0-litre four-cylinder "Drive-E" that will be available starting this summer generates 240 horsepower and 258 pound-feet of torque.

All of Volvo's powerplants will eventually be based off the Drive-E, but for the time being buyers can also select the turbocharged 2.5-litre five-cylinder

in the T5 AWD that makes 250 horsepower and 266 pound-feet of torque. Also offered is the turbocharged 3.0-litre six-cylinder in the AWD R-Design that produces 325 horsepower and 354 pound-feet of torque.

For a very select group of V60/S60 buyers, the performance-focused limited-edition Polestar ups the 3.0's output to 345 horsepower and 369 pound-feet. An eight-speed automatic transmission connects to the 2.0, while a six-speed automatic handles the cog-swapping chores for the five- and six-cylinder models.

Definitely helping the fuel economy in the city is technology that stops the engine when the V60 is briefly stationary then automatically restarts it when the brake pedal is released.

Volvo will also eventually offer a turbo-diesel and a plug-in hybrid version of the V60. Base V60 models, regardless of power choice, arrive with climate control, heated front seats, power moonroof and a power parking brake.

The remaining trim levels — Premier, Premier Plus and Platinum — add notable features such as a rear park assist camera, power-retractable outside mirrors, navigation system and premium audio. The top-Swede T6 R-Design comes with leather-covered sport seats, keyless start and 18-inch alloys. Of course safety-conscious Volvo offers an impressive selection of advanced crash-avoidance aids.

Notably, there's collision warning with pedestrian and cyclist detection as well as a Road Side Information Camera that projects speed-limit and no-passing signs onto the driver information screen. The car can warn the driver if the speed limit is exceeded.

It's that sort of unique safety gear that over the years has earned Volvo beloved-brand status. Ultimately, however, it's the V60 Sportswagon's sleek lines, inviting interior accouterments and potent, yet new-age thrift-conscious powertrains that will help propel more youthful buyers into the Volvo fold.

Compare



1 BMW 328i xDrive
Base price: \$50,000



2 Cadillac CTS
Base price: \$49,900



3 Subaru Outback Limited
Base price: \$38,400

5
DRIVE

The silver lining on the tasteless '80s cloud

Auto know. OK, so we all know the '80s was terrible for many things like bands, hairdos and cars but here's some machines that made the cringing worthwhile

TODD
BURLAGE
wheelbasemedia.com

The 1980s will never be mistaken as the golden years of automotive ingenuity. Or music. Or hair.

From the gull-wing doors of the DeLorean to the rollover-ready Suzuki Samurai to the boxy Yugo or anything at all made by Renault, epic vehicle failures marked one of the more forgettable periods in transportation history. But for all the short-lived Ford Granadas, Cadillac Cimarrons and Triumph Acclaims of the time, there were a handful of key vehicles that made an immediate and lasting impact on the automotive industry.

So let's take a trip back 25 years and celebrate a few vehicles that stood the test of time and changed the course of vehicular demand.

Mazda MX-5 (Miata)

It's hard to believe that a quarter century has passed since this little two-seater first hit North American roadways and put "fun" squarely back on the priority list for new-car buyers. This Japanese creation leaned on its good looks and dependability to become a major player in the roadster segment occupied at the time by unreliable and flimsy British and Italian cars (MG and Fiat). And while the Miata's popularity has varied with the times, this classic is still approaching nearly one million in total sales since its debut for 1989. The brand is the best-selling two-seat sportscar in North American history. Dealers were unable to keep up with demand for this relatively inexpensive roadster that also featured the unmatched Japanese reliability of the time. The Miata made such an indelible impact on the automotive industry, it appeared 11 times on Car and Driver magazine's 10 Best list, and Sports Car International named it the best sports car of the 1990s and one of the 10 best of all time.

Ford hit Jackpot

With more than eight million Tauruses built since its launch in 1986, Ford hit a grand slam with this comfortable, stylish and affordable sedan that fit almost every lifestyle and budget.

Lexus LS

Launched 25 years ago to compete in a luxury sedan market dominated by European and American brands, the LS quickly made a name for itself and parent company Toyota. Within five years of its launch in 1989, the LS helped Lexus overtake rivals BMW and Mercedes-Benz in overall U.S. sales and by 2000 it had even jumped Cadillac as the luxury-sedan sales leader. The affordable LS 400 made such an impact in North American showrooms, Mercedes-Benz actually dropped the price of its luxury models by about 10 per cent to compete. Multiple redesigns and four generations later, the Lexus LS continues to hold a prominent place in luxury markets worldwide.

Acura NSX

The launch of the NSX was a gutsy endeavor by Acura because this sportscar set its sights on the Ferrari and Porsche empires, which is a battleground where no other vehicle maker had ever dared go before, especially one from Japan. Conceived in the mid-to-late 1980s and first produced in 1990 for the 1991 model year, the NSX — an acronym for New Sports eXperimental — earned the title of the "everyday supercar" because of a quality and reliability it provided that other exotics of the era did not. With the first-ever all-aluminum production vehicle, the first production use of the "VTEC" variable valve timing system and the first production four channel anti-lock brake system, this Japanese icon raised the bar for sports cars through the 1990s with a stellar ride and handling. The aluminum engine was a 270-horsepower 3.0-litre V6 that revved to an astonishing-for-the-time 8,000 on the tachometer. It pushed the 1,400-kilogram car to 270 km/h. Its innovative construction became an inspiration for future designs, such



The Miata has added many convenience items - an optional power metal folding top, for one - over the years, but it remains a fairly pure sporty machine at a reasonable price.

as the McLaren F1, and, of course Ferrari pulled up its socks. Production of the NSX was put on mothballs for 10 years after being continuously built from 1990 through 2005 with little in the way of noticeable change. But this important nameplate will be resurrected for the 2015 model year with a striking redesign and startling Formula One-derived engine technology.

Ford Taurus

Billed as the perfect transportation option for any demographic, this wildly popular sedan became one of the most influential vehicles in North America of the last 30 years. With more than eight million Tauruses built since its launch in 1986, Ford hit a grand slam with this comfortable, stylish and affordable sedan that fit almost every lifestyle and budget. Key was its fantastic design that broke away from the square styling that plagued the roads. Popularity peaked from 1992-1996 when the Taurus became the best selling ride in the United States during those five years. The Taurus has undergone many redesigns and updates in its 28 years of near continuous production, the most notable coming in 2008 when Ford moved this sedan from the mid-size to the full-size market. Putting together a list of the worst cars from the late 1980s is pretty easy as the decade is still the butt of many jokes. But it wasn't a total loss as the cars that rose to the top did so with game-changing innovation.



The first Taurus had a ground-breaking shape in an era of vehicles with flat surfaces and jagged corners. ALL IMAGES WHEELBASE



Imagine seeing this in the fall of 1990? All-aluminum construction, 8,000-rpm engine and none of the maintenance issues with Ferrari.



So much for European and North American-dominated luxury. The Lexus LS quickly became a top contender, almost out of thin air.

Horoscopes

Aries

March 21 - April 20

Today's cosmic set-up is fortunate, but only if you are prepared to get out into the world. You know the saying: It's not so much what you know that matters as who you know.

Taurus

April 21 - May 21

Now is the time to prove yourself. With your ruler Venus moving into the career area of your chart, you will impress people of power with ease — if you make the effort.

Gemini

May 22 - June 21

Venus, planet of emotional and material values, moves in your favour today, making it necessary to think about who and what means the most to you. You know the answer already, but remind yourself.

Cancer

June 22 - July 23

Everything is going so well for you at the moment that you may get a bit suspicious and wonder if it's some kind of cosmic trick. Nothing could be further from the truth. This is a genuine lucky streak, so enjoy.

Leo

July 24 - Aug. 23

Venus, planet of love, moves into the relationship area of your chart today, so anything of a partnership nature will go well. No matter how busy you may be, take time to remind that one special person how much they mean to you.

Virgo

Aug. 24 - Sept. 23

Remember it's quality, not quantity, that counts. If you keep that point in mind today, everyone will praise you for a job well done. If you try to do too much you'll please no one.

Libra

Sept. 24 - Oct. 23

Too often in the past you have lacked the confidence to follow through on an idea. Now, you will look and act as if you can't fail. And you won't.

Scorpio

Oct. 24 - Nov. 22

Venus, the planet that helps smooth over difficulties, moves into the domestic area of your chart today. Use its influence to reorder your home life in ways that suit your needs.

Sagittarius

Nov. 23 - Dec. 21

You can get through twice as much work in half as much time as you usually do today. But don't spend all your time on everyday chores because this is also an aspect that increases the fun factor.

Capricorn

Dec. 22 - Jan. 20

This should be a productive day but there is a danger that in your haste to show what you can do, you will take on too many tasks. Focus on the one thing you are great at.

Aquarius

Jan. 21 - Feb. 19

There is nothing you cannot do. With Venus, planet of harmony, joining Mercury in your sign today doors will open as if by magic and heads will turn as you walk down the street. You're worth watching.

Pisces

Feb. 20 - March 20

If someone is in trouble today you will ride to their rescue, no questions asked. While it's good of you to be generous with your time, you must be careful about how you use your money. And remember, it is YOUR money. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

- Note hit by a soprano, ___
- Gene Pitney's "Twenty-Four Hours from ___"
- Colorado NHL players, to fans
- Shakespeare comedy: 4 wds.
- Sass
- The Pursuit of Happiness song: 3 wds.
- Jeanne d'Arc, e.g.
- ___ Z
- Chess pieces, e.g.
- Sandra Oh's Ontario birthplace
- His-and-Her clothing
- Microwaved
- Equilibrium
- Exuberance
- Rice dish
- Height: Prefix
- Court game org.
- Second Cup, for example: 3 wds.
- Comic actress Ms. Gasteyer
- Peace, in Paris
- ___ had time to... (There was extra time, so...)
- Dave Clark Five's "Catch ___ You Can"
- Ms. Danes
- Chicago airport
- Set up
- St. ___ Canadian Memorial, in Belgium
- Middle East country



- Potsie's portrayer ...his initials-sharers
- Blood-typing letters
- Toffee brand in the tartan wrapper
- ___ out! (Ump's call)
- Barenaked Ladies singer: 2 wds.
- Jrs. dads

- Songstress, Taylor ___
- Playwright Eugene O'Neill's daughter's namesakes

Down

- Chuckling sounds
- Help ___ hand
- Sandwich sort

- Brick carrier
- Saskatchewan town that is home to the 'World's Largest Tomahawk': 2 wds.
- Inclines
- Imperial decree
- Romanian currency
- Stop ___
- Greek goddess
- Tatshenshini-___ Park, in northwest BC
- 'V' of CV
- Buy
- Actress Ms. Anderson's
- Fun-rhymer
- The States fliers, commonly
- Photocopy
- Shelter gr.

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN

- Common noun suffix
- Racing's Romeo
- Prune
- "Have ___ trip home!"
- Phi's Greek alphabet follower
- "Avatar" (2009) species
- Casket stand
- Green Gables girl
- Prefix meaning 'Over'
- Soapy-tasting-to-some herb
- Hatful
- Mr. Geller
- Appeared
- Construction site sight
- "Back Stabbers": 1972 hit by The ___
- Journalist/broadcaster, Karina ___
- Then: French
- Camera company
- "The ___ has spoken." - Jeff Probst, "Survivor"
- Zilch
- PGA part [abbr.]
- Nelly Furtado's 2000 debut album: '___, Nelly!'
- American SINs equivalents
- Sob
- Ear: Prefix

Yesterday's Crossword

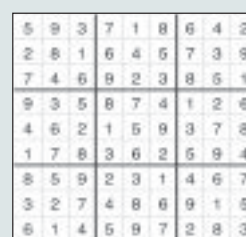


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Weather

TODAY

THURSDAY

FRIDAY



MAX: -9°
MIN: -9°



MAX: -10°
MIN: -22°



MAX: -12°
MIN: -19°



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